

MAIN MENU

OUR MAIN MENU SERVED DAILY AT LA CAMPANIA BY THE SEA

APPETIZER

ITALIAN OLIVES	£3.50
HOMEMADE ITALIAN BREAD	£3.00
BRUSCHETTA	£6.25
Finely chopped tomatoes, red onions and basil sprinkled over toasted Italian bread	
BRUSCHETTA ALL'NDUJA CALABRESE	£6.75
Soft spreadable spicy sausage from Calabria in the south of Italy on a slice of toasted bread	
PLAIN GARLIC BREAD	£3.50
GARLIC BREAD & MOZZARELLA	£4.00
GARLIC BREAD, MOZZARELLA & OLIVES	£4.00
GARLIC BREAD, MOZZARELLA & CHILLI	£4.00
GARLIC BREAD, MOZZARELLA & PEPPERONI	£4.00

ANTIPASTI/STARTERS

ANTIPASTO ITALIANO (FOR TWO)	£12.00
Finest selection of fine Italian cured meats, red sun dried tomatoes, artichokes and Italian bread.	
PATE LA CAMPANIA	£6.50
Chicken liver pate served with onion marmalade and garlic bread.	

NONNA'S MEATBALLS	£7.00
Minced beef & pork meat balls served in rich tomato sauce.	

PAN FRIED SCALLOPS	£10.50
Scallops wrapped in pancetta, pan fried, mint butter, lemon and green pea puree.	

LIME & CHILLI SARDINES	£7.50
Sardines marinated in fresh lime and chillies. Grilled with a hint of olive oil and garnishes with mixed leaves.	

COZZE ALLA CREMA	£8.00
Fresh mussels served in a delicious white wine and garlic sauce.	

VERDURA MEDITERRANEA	£7.30
Grilled Mediterranean Vegetables topped with crumbled goat's cheese on top finished off with a balsamic dressing.	

CAPRESE BANDIERA STYLE	£6.25
A delicious tomato, buffalo mozzarella, red onion and avocado salad served with a basil e.v.o. oil dressing.	

PROSCIUTTO & MOZZARELLA	£8.25
Parma ham and buffalo mozzarella cheese	

HOMEMADE SOUP OF THE DAY	£6.50
Could be anything.	

GAMBERONI SALTATI	£8.25
Pan fried King prawns, served in a rich garlic butter and parsley sauce.	

BEEF CARPACCIO	£10.95

PIZZA

MARGHERITA	£8.00
Tomato, Mozzarella & fresh basil	

DON NICOLA	£9.50
Mozzarella, Goats Docelatte Cheese & Cherry Tomatoes	

LA CAMPANIA	£9.50
Tomato, Mozzarella, Artichokes, Mushrooms & Olives	

VEGANA	£9.00
Tomato with Red Onions, Mushrooms & Artichokes	

PESCATORA	£13.00
Tomato & Mozzarella with mixed Seafood and Garlic	

RUSTICA	£12.00
Tomato, Chicken, Pancetta & Chorizo topped with Mozzarella	

PICCANTE	£9.75

Tomato with Mozzarella & N'duha Calabrese (spicy sausage from southern Italy)

PEPPERONI £9.50

Classic Tomato with Mozzarella & Pepperoni

QUATTRO STAGIONI £10.50

Artichokes, Tomatoes, Basil, Mushrooms, Ham, Mozzarella & Olives

FIorentina £11.50

Tomato, Mozzarella with Free range Egg & Spinach

MAIN SALADS

SALMON & PRAWN SALAD £14.50

Mixed Salad Leaves with a fillet of Salmon, Prawns, Sesame Seeds, extra virgin Olive Oil and Balsamic Vinegar

INSALATA DI POLLO £13.95

Grilled Chicken fillet strips served on mixed Salad Leaves with a Balsamic Vinaigrette and Parmesan shavings

GOATS CHEESE SALAD £13.50

Grilled Goats Cheese topped with Sesame Seeds served on a bed of mixed Salad Leaves with toasted pesto Croutons, Avocado and sprinkled with roasted pine nuts

VEGAN SALAD £11.50

Mixed Leaves Salad with crunchy carrots, Artichokes, Olives, Pine nuts and a balsamic vinaigrette & olive oil

PRIMI PIATTI - PASTA OR RISOTTO

LINGUINE ALLE VERDURE £9.00

Linguine pasta cooked in e.v.o oil and garlic, served with fresh cherry tomatoes and Mediterranean vegetables

VEGETARIAN LASAGNA £9.00

Layers of pasta with a classic Napoli tomato sauce, steamed vegetables finished with mozzarella and béchamel

LASAGNA AL FORNO £10.50

Layers of pasta with Bolognese, béchamel & mozzarella cheese

LINGUINE VONGOLE £13.50

Linguine Pasta with fresh Clams, cooked in a chilli, garlic and e.v.o oil

LINGUINE POLPA DI GRANCHIO £14.00

Linguine pasta with crab meat, cherry tomatoes, dill, olive oil and chilli, finished with rocket salad

TAGLIATELLE MEATBALLS £14.00

Tagliatelle pasta served with beef and pork meatballs in a rich Napoli sauce

TAGLIATELLE ALL'NDUJA CALABRESE & RICOTTA £11.50

Tagliatelle pasta with melted soft spicy sausage from Calabria, with a hint of tomato sauce - finished with fresh ricotta crumbled on top

TAGLIATELLE LA CAMPANIA £13.00

Tagliatelle pasta with prawns, cherry tomatoes, red onions, garlic olive oil and fresh parsley

PENNE ALFONSI £10.00

Penne pasta served with fillets of chicken in a creamy peppercorn sauce

PENNE ALL'ARRABBIATA £8.50

Penne pasta served with fresh tomatoes and chilli

SPAGHETTI BOLOGNESE £10.50

Spaghetti pasta with tomato sauce, minced beef and Italian herbs

SPAGHETTI CARBONARA £9.50

Spaghetti pasta with Italian Pancetta, eggs and Parmesan cheese

SPAGHETTI OR RISOTTO MARINARA £13.50

Pasta or risotto served with fresh mussels, calamari, salmon and prawns in a creamy white sauce with a hint of tomato

RISOTTO GAMBERI E SALMONE £13.50

Italian rice served with prawns, smoked salmon in a leek and tarragon creamy white wine sauce

RISOTTO FUNGHI £13.50

Italian Risotto with wild mushrooms in a creamy white wine sauce

PENNE / RISOTTO LUCIA £11.00

Pasta or Risotto served in a cream tomatoes sauce with fillets of chicken, chorizo and mushroom

CANNELLONI RICOTTA E SPINACI £11.00

Rolls of pasta filled with ricotta cheese and spinach, baked in a tomato sauce and topped with mozzarella

PARMIGIANA DI MELANZANE AL FORNO £9.50

Layered aubergine, mozzarella and Parmesan, oven baked in a tomato sauce

SECONDI DI MARE

SEABASS ALL PIZZIOLA £17.00

Two fillets of seabass, served with rocket, roasted potatoes and tomato Pizzaiola sauce

SEA BREAM ALLA MEDITERRANEA £17.00

Grilled whole sea bream, lightly marinated with lemon and rosemary, served with Mediterranean vegetables and roasted new potatoes

TRIO OF FISH £19.00

Grilled salmon, seabass and king prawns with a white wine creamy sauce, dauphinoise potatoes and rocket

SALMON ALL CREMA £17.50

Grilled fillet of salmon, served on a bed of rocket and dressed with a light dill sauce, garnished with dauphinoise potatoes

COZZE PICCANTI

Starter - £8.00
Main - £14.00

Mussels served in a rich tomato and white wine, chilli and garlic sauce

SECONDI DI CARNE

PORK BELLY

£14.50

Slow cooked pork belly with red wine, sea salted crackling, apple sauce, red cabbage and roasted new potatoes

POLLO MILANESE

£13.50

Thinly cut chicken breast coated with breadcrumbs and served with spaghetti Napoli

POLLO SALVATORE

£16.50

Chicken breast stuffed with basil pesto, mozzarella, wrapped in Parma ham and served with Napoli sauce and roasted new potatoes

POLLO VALDOSTANA

£15.25

Bread crumbed chicken breast topped with white wine and tomatoes sauce, baked with mozzarella and parma ham, served with roasted new potatoes and a hint of rosemary and garlic

POLLO FUNGHI

£16.50

Chicken breast with a creamy wild mushroom and Marsala wine sauce served with Dauphinoise potatoes and Mediterranean vegetables

8OZ (APPROX) RIBEYE STEAK

£19.50

Grilled ribeye steak cooked to your liking and served with roasted new potatoes with a hint of rosemary and rocket & Parmesan shavings

8OZ (APPROX) FILLET STEAK

£22.50

Grilled fillet of steak cooked to your liking and served with roasted new potatoes with a hint of rosemary and rocket & Parmesan shavings

BISTECCA FLORENTINA (APPROX 14OZ)

£28.00

T-Bone steak cooked to your liking, served with roasted new potatoes and mixed leaves salad

ADDITIONAL SAUCE

£2.50

- GARLIC & BUTTER
- PEPPERCORN
- DOLCELATTE CHEESE
- MUSHROOMS

SIDES

MEDITERRANEAN VEGETABLES

£3.50

DAUPHINOISE POTATOES

£3.50

ROASTED NEW POTATOES

£3.50

Served with rosemary

MIXED OR GREEN SALAD

£3.50

